

# “I See Kindness Everywhere,” by Shelley Frost

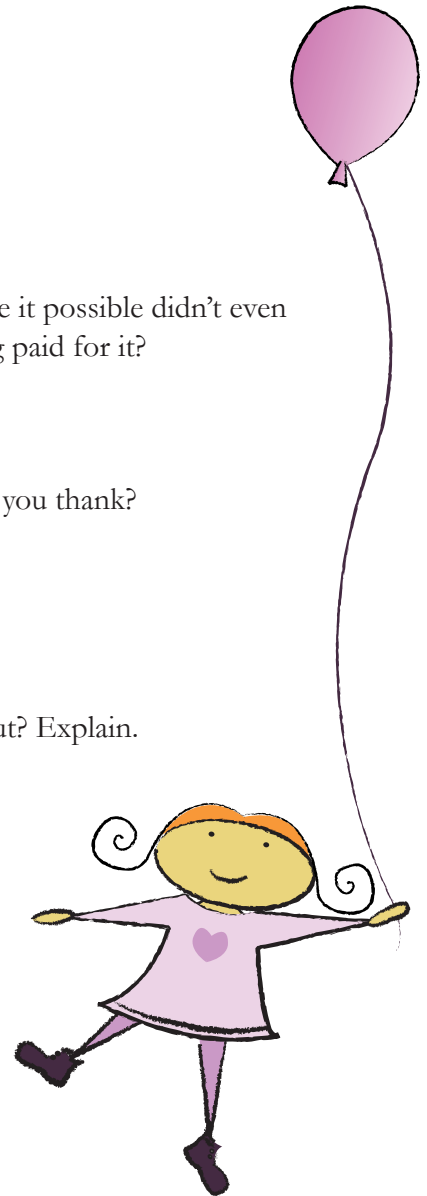
## Discussion Questions

This book was inspired by an Eastern concept of kindness that can help people of all ages generate feelings of gratitude and respect toward others. The concept is this: any action that benefits you – large or small, intentional or even unintentional – is a kindness given to you...

- 1) What types of things does the girl in the story give thanks for?
- 2) How can you see kindness in a sidewalk?
- 3) How can blueberries or socks be seen as kindnesses?
- 4) How can something be a kindness to you if the person who made it possible didn't even know your name? What if the person was doing a job and getting paid for it?
- 5) Think of something else you can see the kindness in. Whom can you thank?

**Bonus Question 1** What does the spider remind the little girl about? Explain.

**Bonus Question 2** On the back of this paper, describe a situation in which you chose to show kindness to another person or creature. What did it feel like to give kindness?



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## Thank You Matching Worksheet

Match the word on the left with the word or phrase that matches it on the right. Have fun!

- |                                |   |
|--------------------------------|---|
| 1) Blueberries                 | a. Thank you, construction workers!     |
| 2) Lights                      | b. Thank you, sock makers!              |
| 3) Tortillas                   | c. Thank you, Mom and Dad!              |
| 4) Words and tunes             | d. Thank you, musicians!                |
| 5) Sidewalks                   | e. Thank you, Teacher!                  |
| 6) Knowing about flowers       | f. Thank you, electricians!             |
| 7) Books                       | g. Thank you, farmers!                  |
| 8) The ability to walk         | h. Thank you, bees!                     |
| 9) Socks                       | i. Thank you, bakers!                   |
| 10) Flowers, fruits, and honey | j. Thank you, authors and illustrators! |



In the space below, draw a picture of something else you see kindness in, and write whom you would thank for it.